



**Thursday,  
November 14, 2019**

# BELL SCHEDULE

## THURSDAY

**Block 1**

**8:00-9:12**

**Block 2**

**9:16-10:28**

**FLEX**

**10:28-10:57**

**Block 3**

**11:01-12:13**

**LUNCH**

**12:13-12:53**

**Block 4**

**12:57-2:09**

**Block 5**

**2:13-3:25**

## FRIDAY

**Block 1**

**8:00-9:12**

**Block 2**

**9:16-10:28**

**FLEX**

**10:28-10:57**

**Block 3**

**11:01-12:13**

**LUNCH**

**12:13-12:53**

**Block 4**

**12:57-2:09**

**Block 5**

**2:13-3:25**



- Student Council will be starting a “Gratitude Board” in the Grand Hall in preparation for our spirit assembly - theme **KINDNESS**. We ask that students/staff stop by the table at lunch and write something on a sticky note (word, name of someone, a story, etc...) that represents acts of kindness around the school. The sticky notes will be placed on the board to spell “KINDNESS”
- We will keep the board going until the day of the assembly (Friday, Nov. 15)....we are starting with 4 letters **KIND** ....

The table will be set up in front of the Grade 12 Information board next to the cafeteria. Please help spread the word.



# SCAVENGER HUNT

Thursday, Nov 14 @ Lunch

## WHERE

Entire School

## PRIZE

Apple Watch



## INSTRUCTIONS

- i. Sign up in the grand hall
- ii. Find people in the Move4Mana t-shirt (there will be 12 of us)
- iii. If you find us, we will stamp your sheet and take a picture with you
- iv. The first person to get everybody's stamps and show their sheet to the sign-up booth staff wins the APPLE WATCH!

**ELIGIBILITY** 1) Following us on Instagram @hwssmove4mana | 2) Have downloaded the ActiveforGood app

# RELAX & CROCHET

*Friday's @ Lunch in the  
Office Conference Room*

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Join us & learn a new relaxing skill in a fun atmosphere! You don't need to bring anything except for your lunch & a good attitude!

# ATTN: Gr. 12s

The on-line Grad Wear store is now open! **Order deadline is Nov. 18 at 9:00 AM. Delivered before Winter Break.**

- <https://store.passionsports.ca/HWSS2020/shop/home>
- Sizing samples will be available in the Grand Hall in front of the theatre next week at lunch.



# **LOST & FOUND**

**Please come to  
the office to  
claim.**





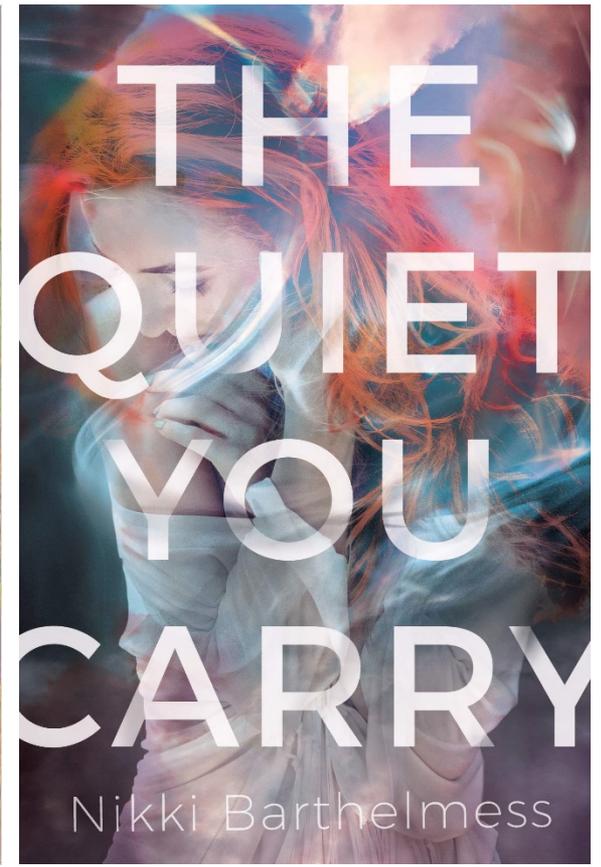
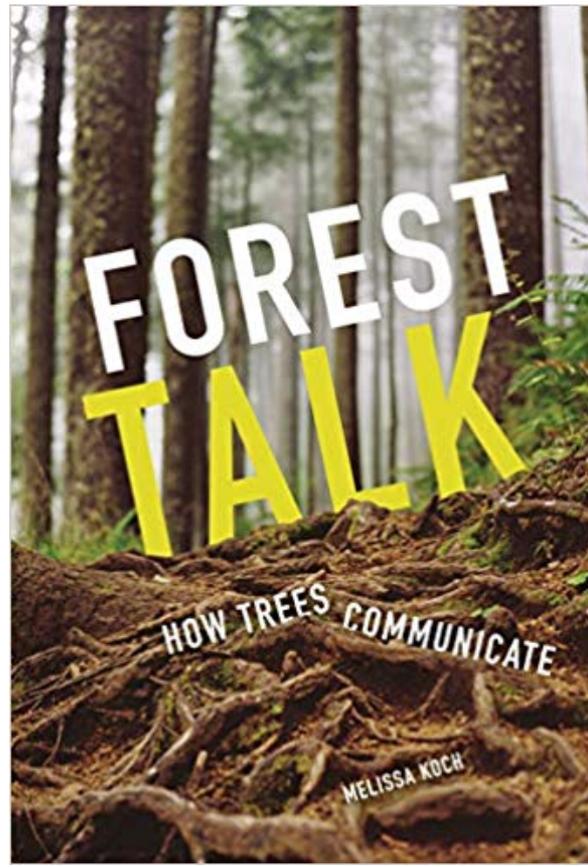
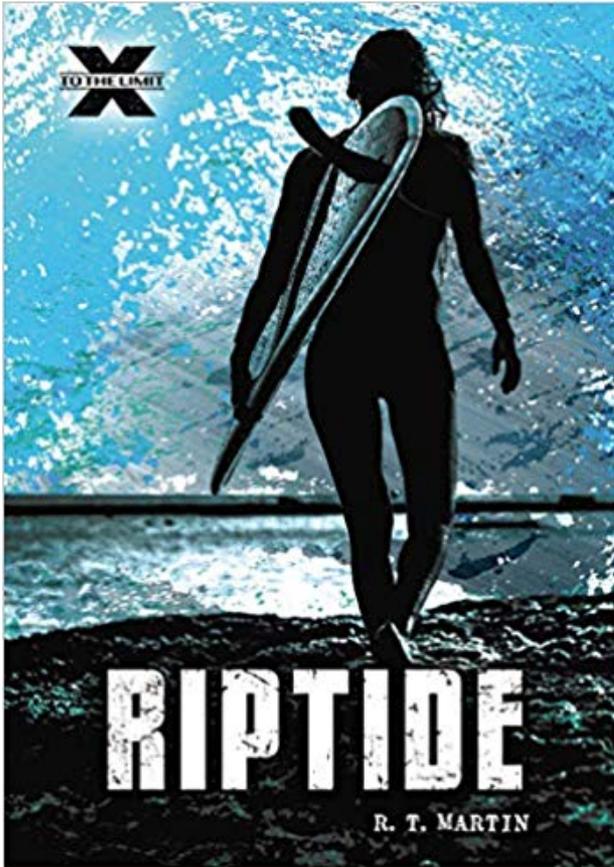
# Ms. Saloustros' Class



## Career Life Connections 12

PLEASE MEET IN THE THEATRE  
DURING FLEX

ON THURSDAY NOV. 14TH



**Come and check out the new books at the  
HWSS Library**

# HWSS LANYARDS For Sale

Please come to the main office to purchase.

**COST: \$5.00**



# KODIAK ATHLETICS

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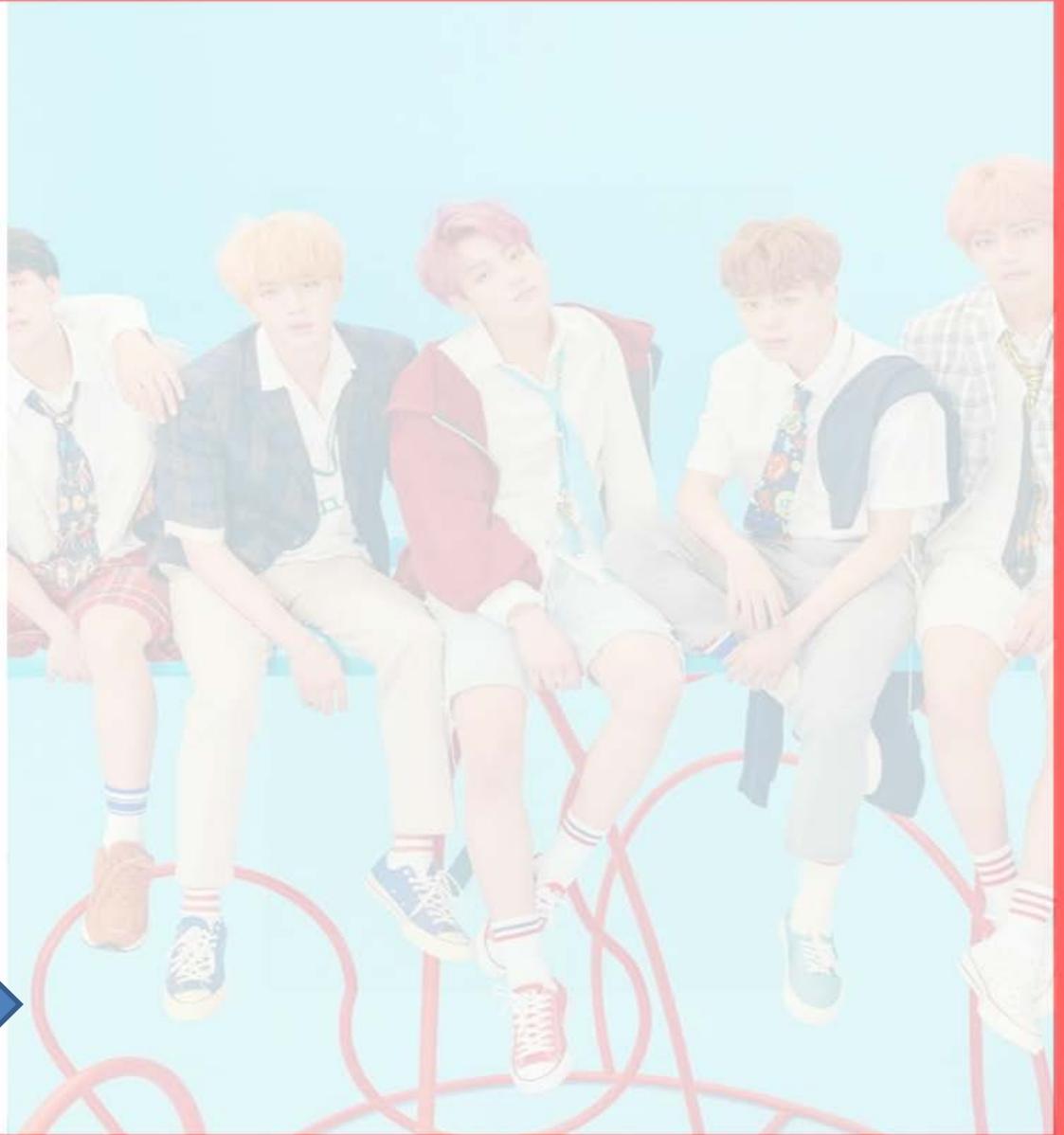
# CLUBS



# KPOP DANCE CLUB MEETING

WHERE? ROOM 311

WHEN? **Thursday @ LUNCH**



powered by

 **PIKTOCHART**



# Spice and Wolf

狼と香料

New Meeting Date!



# HWSS Anime Club

Join us every Thursday at LUNCH  
in room 217

Contact Us at [HWSSANIME@gmail.com](mailto:HWSSANIME@gmail.com)



Need volunteer hours and opportunities?

## JOIN KEY CLUB!

- Student led organization
- Many volunteer opportunities
- Good on university applications

Meetings are every Thursday at lunch in room 238. See you there!

# The World Scholar's Cup Club



*Do you want to...*  
*Make global connections?*  
*Learn how to debate?*  
*Participate in an international competition?*  
*Learn how to write award winning essays?*  
*Make friends from all over the world?*



The World  
Scholar's Cup®

**COME TO ROOM 239 ON  
THURSDAYS AT LUNCH FOR  
MORE INFORMATION**



# JOIN THE HSEO CLUB

-INTERESTED IN JOINING **SCIENCE  
COMPETITIONS** TO BOOST YOUR RESUME?

-WANT TO EARN **PRESTIGIOUS AWARDS**  
FROM BIG UNIVERSITIES LIKE UBC AND U OF T?



We Meet:

**Thursday's at lunch in  
room 316**



GIRLS  
CAN  
TALK

# Girls Can Talk Society: Clothing Drive

Bring in any spare clothing to donate to  
3030 Gordon Project until November 10!

Donation box located near  
the main entrance beside  
the office



**SKI & SNOWBOARD  
CLUB**

**SIGN UP IN ROOM 314**

**FIRST TRIP:  
DECEMBER 14TH**



Key Club is having a....

# **Krispy Kreme Sale!**

Located in the Grand Hall after school  
next Friday, November 15<sup>th</sup>

# CAREER CENTER



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ONE PLACE. ENDLESS POSSIBILITIES.

# **BIG INFO NIGHT**

Join our biggest info session of the year.

Nov 13, 4:30–7:30 pm

Burnaby Campus

Register at [bcit.ca/biginfo](https://bcit.ca/biginfo)



# TD Scholarships for Community Leadership

Community heroes do good work because they are inspired to, not for the recognition.

TD is committed to opening doors for a more inclusive and sustainable tomorrow, creating conditions so everyone has the chance to succeed in a changing world. Unique in Canada, the TD Scholarships for Community Leadership are offered to students who, like TD, help support change, nurture progress and contribute to making the world a better place. Have you shown exceptional initiative in making a meaningful and lasting difference in your community? Then we want to hear from you, as you may qualify for one of our Community Scholarships. It's not just about marks in the classroom, but rather the marks you have made on your community.

What are the TD Scholarships?

- **Up to \$10,000**

For tuition, up to a maximum of four years

- **\$7,500 a year**

For living expenses, up to a maximum of four years

- **Up to \$70,000**

Value per scholarship awarded

- Deadline to apply Nov. 15, 2019
- Find more information and apply at [www.td.com/scholarships](http://www.td.com/scholarships)

**LIMITED ENROLLMENT  
REGISTER ASAP**



Schroptimist International of the  
TriCities is proud to present

## UNLOCK YOUR FUTURE

### The key to scholarships

Join Scholarship Consultant Brittany Palmer for this seminar on how to navigate the scholarship process step by step (even if you are not a straight A student!)

#### Topics Include

- How to build your scholarship foundation
- Qualities committees look for in scholarship candidates
- Scholarships, bursaries & awards: definitions & differences
- Early planning strategies for younger students
- Volunteering and leadership opportunities
- Organization and time management strategies
- Where to find scholarships
- How to navigate online resources
- Elements of scholarship applications
- The scholarship interview
- How to craft a strong personal statement
- How to write a powerful & memorable scholarship essay

### THE DETAILS

**Who:** Grade 9 - 12 Girls in the TriCities  
(Parents welcome to attend)

**When:** Saturday, November 23rd, 2019  
1:30 to 3:30 pm

**Where:** Poirier Library  
Nancy Bennett Room  
575 Poirier Street, Coquitlam

**Cost:** Your valuable time (it's worth it!)

**REGISTER EARLY**  
[HTTP://BIT.LY/UNLOCKYOURFUTURE](http://bit.ly/UnlockYourFuture)

DREAM IT • BE IT  
Career Exploration for Girls

TOWNLINE

Have you applied to University of Alberta? Are you still thinking of applying?

- U of A will be in Vancouver to answer all of your questions!
- Students are invited to a 30-minute one-on-one advising session to learn more about programs, admission, and the application process at the U of A. General and faculty-specific sessions are available.
- **Date:** Saturday, November 23, 2019  
**Time:** 9:00 a.m. - 5:00 p.m.  
**Location:** Vancouver Public Library ([350 West Georgia Street](#))
- Spaces are limited! Students can sign up online at [uab.ca/advising](http://uab.ca/advising).



## It's What **You** Do That Counts!

Are you a young woman in grade 12 who volunteers in your community or school? Do you see challenges instead of obstacles? Hope instead of despair? If you are a young woman who believes in the power of volunteer action and plans to attend a post-secondary institute after graduation, then you may be eligible to win a

### Bea Kelly Volunteer Award.

This award recognizes young women who make the community and world a better place through volunteer efforts such as: fighting drugs, crime and violence; cleaning up the environment; and working to end discrimination and poverty. Volunteer actions that benefit women or girls are particularly encouraged.

Winners are eligible to receive bursaries to help offset some of the costs of their post-secondary education.

For information about applying for the Bea Kelly Volunteer Award please contact:

Soroptimist International of the Tri Cities  
<http://soroptimisttricity.org/>

Name \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

Application Deadline \_\_\_\_\_

Amount of Award \_\_\_\_\_

# REPEAT NOTICES



# 20<sup>th</sup> Annual Hyde Creek Salmon Festival

## Sunday November 17, 2017 9:30AM – 3:30PM

- **Location: Hyde Creek Hatchery & Education Centre**
- **3636 Coast Meridian Road (Meet at the Hatchery)**
- **A fun community event celebrating the return of the salmon to our creek with many different volunteer roles to choose from! Lunch is provided for all volunteers who participate.**
- **Please email your Full Name, School/ Organization, Email & Phone Number to April Crockett at [hcws.volunteers@gmail.com](mailto:hcws.volunteers@gmail.com)**

**VOLUNTEER**

